



# Resources - Coronavirus

## Emergency Financial Assistance



### Catholic Community Services

Wed. 2-4 p.m. and Fri. 10 a.m.-Noon

425-213-1963 or 206-323-6336

### Hopelink

425-943-7555

### IAWW

253-234-9989

### LifeWire (Domestic violence support available)

425-746-1940

### MCRC

1-888-404-6272

### Salvation Army

425-452-7300

### Solid Ground (Available through 2-1-1)

2-1-1

### Bellevue LifeSpring

help@bellevuelifespring.org

## Legal Assistance



### Catholic Community Services

(Tenant Legal Assistance Center)

206-324-6890

### Eastside Legal Assistance (Immigration and tenant assistance)

425-747-7274

### IAWW

253-234-9989

### King County Bar Association

206-267-7090

### MAPS

425-861-9555

### Tenant Services Hotline

206-723-0500 or 206-694-6767

## King County Novel Coronavirus Call Center



If you have a cough or fever, call your regular doctor before going to the emergency room. If you believe you were exposed to COVID-19—or if you're a healthcare provider with COVID-19 questions—contact our call center between 8 a.m.-7 p.m. PST

206-477-3977


For general questions about COVID-19 in Washington State, please call the Washington State Novel Coronavirus Call Center.

800-525-0127

For Food sites, please see Food Access Information Flyer



**BellevueWA.gov** - City of Bellevue website for up-to-date Coronavirus information and resources. The website also has accurate information in different languages.

 For alternate formats, interpreters, or reasonable accommodation requests please phone at least 48 hours in advance 425-452-2834 (voice) or email [hstephens@bellevuewa.gov](mailto:hstephens@bellevuewa.gov). For complaints regarding accommodations, contact City of Bellevue ADA/Title VI Administrator at 425-452-6168 (voice) or email [ADATitleVI@bellevuewa.gov](mailto:ADATitleVI@bellevuewa.gov). If you are deaf or hard of hearing dial 711. All meetings are wheelchair accessible.

# Mental Health Support for Adults, Youth and Families



Organization	Contact   Service
Asian Counseling & Referral Service	<ul style="list-style-type: none"> <li>▪ 206-695-7600</li> <li>▪ <a href="https://acrs.org/services/behavioral-health-and-wellness/">acrs.org/services/behavioral-health-and-wellness/</a></li> </ul>
Crisis Line (24-hours)	<ul style="list-style-type: none"> <li>▪ 866-427-4747-youth</li> <li>▪ 206-461-3222-adults</li> </ul>
Consejo Counseling and Referral Service	206-461-4880
Friends of Youth	<ul style="list-style-type: none"> <li>▪ 425-869-6490</li> <li>▪ <a href="https://friendsofyouth.org/">friendsofyouth.org/</a></li> </ul> <p><b>For young people needing access to services:</b></p> <ul style="list-style-type: none"> <li>▪ Daytime services hours: 9 a.m.-4 p.m.</li> <li>▪ Shelter program hours: 8:30 p.m.-8 a.m.</li> <li>▪ 425-449-3868</li> </ul>
IAWW	<ul style="list-style-type: none"> <li>▪ <a href="mailto:ypdirectors@iaww.org">ypdirectors@iaww.org</a></li> <li>▪ <a href="mailto:executivedirector@iaww.org">executivedirector@iaww.org</a></li> <li>▪ 253-234-9989</li> <li>▪ <a href="https://iaww.org">iaww.org</a></li> <li>▪ Age served: all ages</li> </ul>
LifeWire – Together Against Domestic Violence (24-hours)	<ul style="list-style-type: none"> <li>▪ 425-746-1940</li> <li>▪ <a href="https://lifewire.org/get-help/">lifewire.org/get-help/</a></li> </ul>
NAMI (National Alliance on Mental Illness) Eastside	<ul style="list-style-type: none"> <li>▪ 425-885-6264</li> <li>▪ <a href="https://nami-eastside.org/">nami-eastside.org/</a></li> </ul>
National Suicide Prevention Hotline	800-273-8255 (or Text: 741-741)
NUhope Community Counseling Center	<ul style="list-style-type: none"> <li>▪ 425-889-5261</li> <li>▪ <a href="https://northwestu.edu/nuhope/">northwestu.edu/nuhope/</a></li> </ul>
Samaritan Center Puget Sound	<ul style="list-style-type: none"> <li>▪ 206-527-2266</li> <li>▪ <a href="https://samaritanps.org/">samaritanps.org/</a></li> </ul>
Sound (fka Sound Mental Health) – Bellevue	<ul style="list-style-type: none"> <li>▪ 206-302-2300</li> <li>▪ <a href="https://hsound.health/">hsound.health/</a></li> </ul>
Teen Link	1-866-833-6546
Washington Recovery Help Line	<ul style="list-style-type: none"> <li>▪ 1-866-789-1511</li> <li>▪ Connecting people with emotional support and treatment resources related to substance use disorder, mental health, and/or problem gambling.</li> </ul>
Westminster Chapel – Counseling Center	<ul style="list-style-type: none"> <li>▪ 425-747-1461 ext. 115</li> <li>▪ <a href="https://westminster.org/counseling/">westminster.org/counseling/</a></li> </ul>
Youth Eastside Services (YES)	<ul style="list-style-type: none"> <li>▪ 425-747-4937</li> <li>▪ <a href="https://youtheastsideservices.org/">youtheastsideservices.org/</a></li> <li>▪ Onsite and telehealth available</li> </ul>